

Parental Responsibilities, Commitments, and Conduct

Youth sport is a wonderful activity for children to learn important life lessons, have fun, and be active. Parents can help maximize the youth sport experience by adhering to and promoting the parental responsibilities, commitments, and standards of conduct shown below:

Responsibilities

- Ensure that it is your child's sport experience and that it is his/her choice whether to continue participation.
- Ensure that sport is not a vehicle for parents, to relive and often reinvent their own sporting pasts.
- Focus your attention on the child's youth sport experience, not his/her performance outcomes. When parental love and approval depend upon performance, sport can become a great source of stress for the child.

Commit to:

- Teaching, Enforcing, Advocating, and Modeling desired behaviors.
- Allowing your child make his/her own decisions regarding sport.
- Communicating effectively with your child's coach.
- It being your child's experience.
- Sharing your son or daughter with the coach or staff.
- Sharing your child's disappointments and triumphs.

Conduct at Sport Events

- For the duration of the practice or game, place your child in the hands of the coach.
- Express interest, encouragement, and support for your child.
- Make supportive comments to the athletes, parents, officials, or coaches of both teams.
- Lend a hand when a coach or official asks for your help.

For more information please visit our website at www.aiaacademy.org.